

2020 October 27

#8

LIVING

Prayer Request: We have several schools in our membership who have confirmed Covid cases onsite. Please pray for the people who are ill, the rest of the students/staff and the school leaders as they navigate these challenging situations.

Awe-Walk: At the end of September, the New York Times published an article, "An Awe-Walk Might Do Wonders for Your Well-being." The article was highlighting recent research that determined that "people who took a fresh look at the objects, moments and vistas that surrounded them during brief, weekly walks felt more upbeat and hopeful in general than walkers who did not." With the "awe-walker" group, the researchers "emphasized that the awesome can be anywhere and everywhere, she says, from a sweeping panorama of cliffs and sea to sunlight dappling a leaf. 'Awe is partly about focusing on the world outside of your head,' she says, and rediscovering that it is filled with marvelous things that are not you."

This year's fall season, with it's beautiful colors and warm weather, made it easier to go for walks and celebrate God's creation. Winter can be a more challenging season to embrace this habit; however, the positive impact "awe-alks" may have on your mental, social, spiritual and physical health may also suggest that it's the season we need to try it the most. Read through the article for further guidance on "awe-walks," find others to join you and seize the opportunities of the winter season to be a Creation Enjoyer and God Worshipper!

LEARNING

Convention Feedback: If you haven't already done so, please <u>complete this form</u> with your feedback on Deeper 2020.

Convention Keynotes: For those of you who attended the convention, the keynotes by Bell, Strickland, Tate and Goff are available on the convention website in the "Sessions" section if you want to watch them again or use them with staff for professional development or encouragement. Just a reminder that our contracts with the speakers indicated that the presentations are only for convention attendees so please don't share beyond participants.

Tracking our "Slack"ing:

 Indigenous Education Resources: At convention Jonathan Boone presented a session and he provided us with a list of indigenous-focused high school appropriate books and films. You can find the list on Slack, in the Indigenous Resources channel (#indigineous-education-resources). An elementary list is still coming.

Lots of fabulous resources were added to Slack during convention, and several people shared best practices or asked for assistance. Stay engaged in these conversations so that together we can support and learn from each other. Quick tip: turn on "notifications" so that you are alerted when new things are posted. For example, in the #grades1-3 channel, Samantha is asking, "Did anyone by chance attend the anxiety session today [October 22] that would be willing to chat about it? I wasn't able to sign up before it filled, and was hoping to get a low-down on the session. Thanks in advance!"

The King's University Public Lectures upcoming topics:

- John A's Severed Head and the Politics of Public Memory
- Educating for Complexity, Change, Uncertainty, and Resilience: Lessons from a Pandemic
- Crisis Response and Competencies in a Troubled World
- Why is Sex Such a Big (Moral) Deal?
- A Canadian Culture Born on Foreign Shores

LEADING

Rod Wilson Video: The third <u>VIDEO</u> (Relational Flourishing) in the Rod Wilson series on Wisdom for the Way is now available. If you would like to join a virtual discussion group with PCCE school leaders from other schools, please contact <u>Gayle</u>. Other ideas for using the videos:

- Cross-school groups
- School leadership team
- Staff
- Board meeting
- Clusters of teachers

Covid Resources: As cases in our schools occur, it may be helpful to share resources (e.g. copies of letters home, hints and tips etc.) on our Slack channel (#school-leader which is a private channel). Let <u>Gayle</u> or <u>Jeremy</u> know if you'd like to be added to the channel.



November 3

inbox...

TfT 101- Keep an eye on your details coming soon!

December 1

TfT 101

February 2 TfT 101

March 2 TfT 101



Want to Join our PCCE Slack messaging platform?

Just click the link below.

 $\underline{https://join.slack.com/t/prairiecentre-j1s2789/shared \ invite/zt-hm858141-DpeSK1jeyZfnEBckWNFo1g}$